London Borough of Redbridge

HEALTHY RELATIONSHIPS WITH TECHNOLOGY

JOIN US

Thursday 13th November 2025

JOIN US FOR A SESSION ON HOW TO SUPPORT YOUR CHILD WITH THEIR USE OF TECHNOLOGY AND EXPLORE STRATEGIES THAT WILL WORK FOR YOUR FAMILY

Join the Redbridge Mental Health Support Team at Uphall Primary School for a coffee morning on how to support your child with having a healthy relationship with technology.

STRAIGHT AFTER SCHOOL DROP OFF

9AM - 10AM

UPHALL PRIMARY SCHOOL