

TOP TIPS TO HELP PREVENT ABSENCE



Talk to your child about how important it is to attend school



Inspire them to think about what they would like to be when they grow up



Ensure they have a good sleep routine, eat healthily and exercise regularly



Help them to get everything they need ready for school the night before



Reassure them that the school has plans in place to reduce the spread of infections



Book all holidays outside of term time



Book medical and dental appointments outside school hours if possible



Provide a good environment for study at home and set aside time for homework



Find out if your child wants to avoid school for a reason that they're frightened to tell you about

THE ATTENDANCE TEAM ARE HERE TO HELP

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