



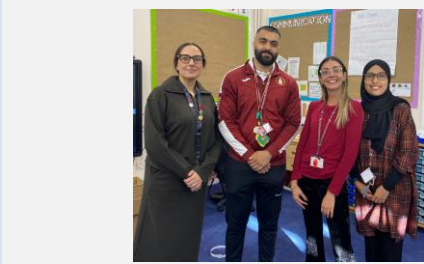
# Uphall

Year 1 Autumn Term Newsletter

Year 1



## Our team . . .



**Mrs Kasim, Mr Khan, Ms Musui and Miss Begum**

It is important your child feels secure and happy in school, and communication between parents and teachers is a priority. Therefore, if you do have any further questions or problems please do not hesitate to come and see your child's class teacher or email the school.

## Reminders

- Please ensure you label ALL clothing with your child's name - It is your child's responsibility to keep their belongings safe.
- Pupils to bring their school bag, and a bottle of water to drink every day.
- Pupils will be having two PE lessons a week. Please make sure they come to school wearing their PE kit on those days.
- Jewellery must **not** be worn at school except for stud earrings which must be removed or covered with plasters for P.E.
- Parents, you can pre order lunches from home through the Feeding Hungry Minds APP.

<https://www.feedinghungryminds.co.uk/new-app/>

## Dear Parents and Carers

We hope you all had a lovely summer break. As a team we have enjoyed welcoming our new class. We have lots of exciting learning opportunities planned this school year. Our topic for this half term is '*It's good to be me*'.

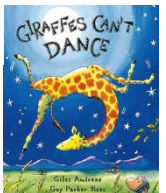
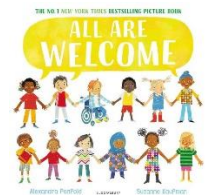
There will be an online Welcome session for parents/carers on Thursday 12<sup>th</sup> September. There will be two sessions available, please see timings overleaf. You will receive a text this week with log in details.

Punctuality and regular attendance are key to success so please do instil this important message at home as we will at school. We very much look forward to meeting you all over the coming days.



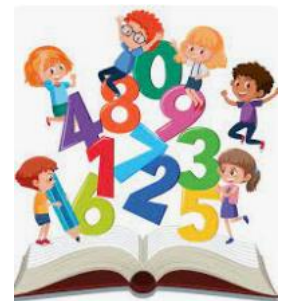
## English

In English we will be looking at the texts "All are Welcome" and 'Giraffes Can't Dance'. We will be focusing on making predictions, retelling the stories and also writing character descriptions.



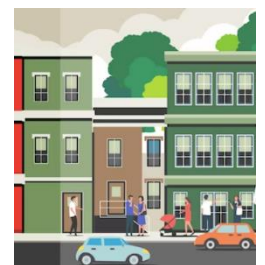
## Maths

This term we will be focusing on number work, different ways of representing numbers, counting and number bonds to 10. We will be reading and writing these numbers in numerals and words and using them to solve problems involving addition and subtraction.



## Geography

In Geography this half- term, children will be exploring our local area by going on a learning walk. They will be discussing how Ilford has changed and also comparing the physical features to the natural features, introducing geographical vocabulary





# Science

Children will learn to identify and label the basic parts of the human body including naming and labelling the parts of their face. Also, we will be investigating to find out if height is linked to shoe size.



**take 10 minutes to read**

relax, learn and feel good

Please read at least 10 minutes every day with your child as this will support your child's reading skills.

Encourage your child to point to each sound they are reading.

Please remember school starts at 8:40am and ends at 3:25pm.

Please ensure children are collected by an appropriate adult and on time. If your child is being collected by another adult, please provide the correct password otherwise your child cannot be released.

**ATTENDANCE MATTERS**

Please only keep your child at home if s/he is very unwell. If s/he just has a mild cough or a blocked nose they can come to school.

Please remember, every day consists of 8 lessons which your child is missing if they are not in school. They will very quickly fall behind.

# History

In History this half term the children will be learning about toys. Please send your child to school with their favourite toy for them to talk about by **Thursday 19<sup>th</sup> Sept 2024**.

Parents we would also like you to volunteer and share an old toy of yours to talk to the children about. If you are interested, please speak to your child's class teacher by the above date. Thank you

**UPCOMING EVENTS**

**Dates for Diary**

**PE Days-**  
**Outdoor PE for all classes-**  
**every Wednesday**  
**Indoor PE- 1KA – Mondays,**  
**1KH- Tuesdays,**  
**1M and 1BE- Thursdays**

Useful links for Phonics reading

[www.phonicsbloom.com](http://www.phonicsbloom.com)

[www.phonicsplay.co.uk](http://www.phonicsplay.co.uk)

Children can use these links to practice their phonics.

**STAY SMART ONLINE!**

**Safe** - Keep all of your personal information safe.

**Tell** - Tell a responsible adult if you feel worried or uncomfortable.

**Meet** - Don't meet up with strangers you have talked to online.

**Accept** - Think before you accept anything online.

**Reliable** - Not everyone is reliable. They may not be who they seem to be.

## Family Time Tips!

**CREATE A FAMILY COOKBOOK**

Make a collection of family recipes that are close to your heart. This is also a great time to get your kids in the kitchen!

**PRACTICE YOGA**

The benefits of yoga are countless, helping reduce stress and improve sleep.



## Uphall Uniform



Please make sure your child is wearing the correct uniform

Uniform is available to buy, every Thursday after school in the P.E hall