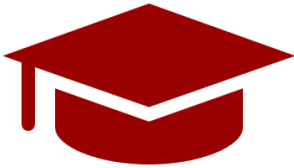


# Uphall

## Whole School Newsletter

'Committed to Inclusion, passionate about learning'

23<sup>rd</sup> July 2024



Dear Uphall Family

We had a super final full week to our academic year. We held fantastic graduations for our Year 6 and Reception children to really celebrate their achievements, both events were incredible and emotional. Thanks to all the parents that attended. We also hosted our year 6 production, 'I'm an 11 year old, get me out of here!' which was both well attended and hilarious! We wish our Year 6 children the very best in the future and look forward to hearing back about their pioneering leadership achievements as leaders of the future.

It has been a fantastic year for learning in the Uphall Family and I am extremely proud of our staff team and the contributions that they have made to our children's success. It is certainly emotional to be waving goodbye to our year 6 children but we are really looking forward to another fantastic year of learning at Planet Uphall next year!

We wish all our families the most wonderful summer break and look forward to welcoming you back on Wednesday 4th September.

**Dr. K. Atwal**

**Principal Leader of Learning**

Your education is a dress rehearsal for a life that is yours to lead.

— Nora Ephron



ARTICLE OF THE WEEK



ACCESS TO  
INFORMATION



PROTECTION FROM  
VIOLENCE

This week's activities link to the following articles:

**Article 17 (Access to information from the media):** Every child has the right to reliable information from a variety of sources and Governments should encourage the media to provide information that children can understand. Governments must help protect children from materials that could harm them.

**Article 19 (Protection from violence, abuse and neglect):**

Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.



## EXPLORING SAFER INTERNET DAY

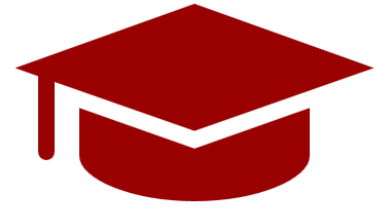
This week there are **TWO** questions to think about!

1. What do you feel are some of the great things about the internet and life online?
2. What don't you like about the internet and life online?

**Note your ideas down or discuss them in a group and then compare your thoughts with the next.**



# Fond Farewells . . .



Year 6 have been very busy recently preparing for Graduation, the Year 5 & 6 Choir performance and production. The Choir performance was a great success and well done to the children who took part, also a big well done to Aarav (6HE) and Alesia (6HE) who performed solos. Please see photos below.

The Year 6 team also celebrated Sports Day results last week by having a special assembly on Tuesday where the winning class was presented with a trophy. Well done to 6MO! There were only 7 points between first place and third place. All the classes showed great spirit and teamwork which made Sports Day a memorable experience for all. The children should be proud of their sporting achievements.

The Year 6 team would like to thank Mr Kingsley for guiding the children in PE which has been very beneficial to the students. The Year 6 team really appreciate your effort and dedication towards the children. Thank you 😊!



# Goodbye & Good Luck Year 6



IT IS OUR CHOICES  
THAT SHOW WHAT WE  
*truly are*  
FAR MORE  
THAN OUR ABILITIES



-Albus Dumbledore

# Graduation Day





# At Uphall . . .

*My favourite memory at Uphall was the year six handball tournament.*

Fatima 6 Mo

*My favourite moment was when we went to the residential it was so much fun!*

Chanel 6RA

*My favourite moment was when we went to the British Museum in year 5.*

Manisha 6HE

*My favourite time when me and Mousab played football.*

Adel 6MO

*My favourite memory was when I won tug of war against 6Rahman.*

Ajwa 6HA

*My best moment was when I went to the O2 with my friends.*

Alesia 6HE

*My favourite memory was when we won the tug of war in Sports Day and winning the handball Tournament*

Agarni 6MO





At **Uphall** this week . . .

## Reception

Wow! What an incredible year! We are extremely proud of how far our Reception children have come and how much they have achieved this year. All the children have made good progress in their learning. This year, we have had a range of enrichment opportunities. Here are some of the highlights. We met police officers and looked at their equipment. We had a Bollywood dance workshop to celebrate Diwali. We dug up fossils of dinosaurs from the past. Our most recent trip to the zoo was a success. The children portrayed excellent behaviour and thoroughly enjoyed looking at a range of animals and loved hearing the roar of dinosaurs.



# Reception



## Year 1

Two Year one classes have had a super time at The Garden 120 where they were able to identify London landmarks. Children were also able to locate the landmarks on their maps. Also last week, children were able to use their PE skills to participate in a game of baseball. We finished the week off with our end of year trip to London Zoo where children were able to explore various animals from all over the world.





## Year 2

As the school year comes to a close, we want to take a moment to reflect on the wonderful journey we've had together in Year 2. It has been a year filled with growth, learning and countless memorable moments. The children have worked incredibly hard and it's been a joy to witness their progress and achievements. Throughout the year, the children have had learning opportunities both in school and out that allowed discovery of something new and a chance to develop a love for learning. This year, we have explored the Great Fire of London where children were able to immerse themselves back in time with the support from a workshop to know what life was like in the past. Exploring human and physical features in our local area and other locations around the world provided the knowledge of the similarities and differences of places geographically and walking to Barking Park allowed the children to identify these geographical features in a more practical way.



Experiencing and observing a range of mini-beasts gave them a deeper understanding in Science of how animals survive through their adaptations and their habitats. Additionally, a visit to Mud-Chute farm gave them another opportunity to learn about animals in an environment in the City that may have been surprising. Developing their craft of mechanisms, the children created moving monsters that developed their skill of pivots and levers. As artists, they developed their painting and printing skills through relief printing which they thoroughly enjoyed, being inspired by Kente style. The children's enthusiasm, curiosity and resilience have been truly inspiring. It's been a privilege to see them grow academically, socially and emotionally.

## Year 4

A great way to end the academic year on a high note- Year 4 children thoroughly enjoyed their geography fieldwork trip to **Southend-on-Sea**.



Our geography topic this half-term is Coasts. This was a perfect base for children to extend their geographical learning about coasts and collect relevant data. Children looked at the human and physical features found in the area; they also identified the coastal landforms formed by erosion and deposition. Furthermore, they collected data on sea creatures found in the area. Children presented their findings in various ways.



Fortunately, it was a bright, sunny day. Children played board games while enjoying delicious ice cream on the beach.

## Year 3

This week, Year 3 have been busy with a variety of engaging activities. They completed their African clay masks, applying vibrant paints to finish off their creative masterpieces. In Maths, the children collected data and used it to draw bar charts, learning how to represent information visually. For English, they discussed the importance of road safety and the safe way to cross the road. Additionally, they orally performed their diary entries to other classes, showcasing their writing and public speaking skills.

During their Geography field work, the students explored the school grounds to identify and classify igneous, sedimentary, and metamorphic rocks, enhancing their understanding of different rock types, this helped them to gain a practical understanding of Geology. In Computing, they finalised their PowerPoint presentations, enhancing their technical skills, and proudly presented their projects to their class.



In RHE, the children learned about online safety. They discussed the importance of protecting personal information, recognising safe websites, and understanding the potential risks of the internet. This knowledge is crucial in helping children navigate through the digital world and become responsible individuals.

## Year 5

In Year 5 we have been enjoying our Art sculpture lessons in the last few weeks. We have made Greek pinch and coil clay pots. This is a new technique we have learnt and it was great fun. Working fast with clay was tricky so that it did not dry up quickly. We had to ensure our hands were moist and worked with great precision. Learning about the Ancient Greeks and their culture and the legacy they left behind was interesting. In Science and RHE this term we have learnt about puberty and growing up- and the changes that happen in plants, animals, insects and humans.





Please remember that the government expected level of attendance is 96%. The overall attendance level for last week was 91.46% - please help us to improve that by ensuring that your child only stays at home if s/he is very unwell. A mild cough or cold is not a reason for them to stay at home. Please also ensure that your child arrives punctually in the mornings – school begins at 8.50 a.m., the gates close at 8.55, and if your child arrives after that time, they will be marked as late.

Nursery 30	88.43%
R Shahin	94.81%
1 Khan	95.30%
2 Morgan	95.30%
3 Sath	100.00%
4 Rahman	92.31%
5 Osei	97.10%
6 Moghul	96.07%



To all the children celebrating from now until the end of the summer holiday –

**Have a great birthday!**

**Celebration**  
coming up?... Look no further!

**School Hall available for Hire for all your upcoming Events!**

For more information call or email:  
**020 8478 2993**  
(sbrown@uphallprimary.co.uk)