

Uphall

Whole School Newsletter

'Committed to Inclusion, passionate about learning'

20th October 2023



Dear Uphall Family

We cannot believe we have already completed our first half term of this academic year. We have achieved so much together and wish our community a well-deserved break. We really enjoyed seeing all our families for parent consultation meetings yesterday. This is a great opportunity for you to work in partnership with your child's class leader to ensure their learning journey this year can be as successful as possible. I think we can rightly be proud of how far our children have come so far already this year! We always value the feedback of our families and ask you to complete our annual parent survey to continually support us in creating the very best learning environment for our children. We will be resending the link again today and we ask that you click on the link and complete our online parent survey. We encourage as many families as possible to take part.

Wishing you all a lovely half term break and we have lots of exciting learning activities planned for the next half term.

Dr. K. Atwal

Principal Leader of Learning



**In seed time learn, in harvest teach,
in winter enjoy.**



ARTICLE OF THE WEEK



6

LIFE, SURVIVAL AND
DEVELOPMENT

Rights Link: Article 6 (life, survival and development)

Every child has the right to life. Governments must do all they can to ensure that children survive and develop to their full potential.



EXPLORING ARTICLE 6

What are all the things that you need
to survive and to develop?

Have a think and write down some answers.



Ways to keep warm during the winter months



One. Make use of warm clothing

Wrap yourself in a blanket or shawl when you are sitting down. You can even pop your feet up on something as the air is cooler on ground level.



Two. Wear Warm clothes

If you struggle to stay warm in bed, try wearing warm clothes and, if it's particularly cold, thermal underwear and bed socks – even a hat can really help you keep warm.



Three. Hot water bottles all round!

Use a hot water bottle, heat bag or an electric blanket to warm the bed – but never use a hot water bottle and an electric blanket together.



Four. Keep your window closed

Keep your bedroom window closed at night when the weather is at its coldest. Breathing in cold air lowers body temperature and raises the risk of chest infections, heart attacks and strokes.



Five. Layer Up!

Several thin layers of clothing will keep you warmer than one thick layer, as the layers trap warm air between them. Start with thermal underwear, warm tights or woollen socks.



Please remember that the government expected level of attendance is 96%. The overall attendance level for last week was only 91.02%.

Please help us to improve this by ensuring that

your child only stays at home if s/he is very unwell. A mild cough or cold is not a reason for them to stay at home. Please also ensure that your child arrives punctually in the mornings – school begins at 8.50 a.m., the gates close at 8.55, and if your child arrives after that time, they will be marked as late.



To the children below celebrating this week,

From 21st October to 29th October 2023

Have a great birthday!

Nursery

Muhammad – N2

Umaiza – N2

Khadijha – N2

Reception

Aayat – R Chowdhury

Mustafa – R Chowdhury

Esther – R Chowdhury

Jayla – R Begum

Aban – R Yasmin

Year 1

Adam – 1 Musiu

Riyansh – 1 Hamid

Amal – 1 Rahman

Year 2

Kiera – 2 Saeed

Ayla – 2 Saeed

Jabir – 2 Duggan

Year 3

Hussna – 3 Sath

Leah – 3 Sath

Sobukwe – 3 Begum

Kenia – 3 Mitchell

Hareem – 3 Taylor

Aayn – 3 Moledina

Year 4

Sidratul – 4 Shankar

Inshrah – 4 Roquib

Year 5

Jeilani Ali – 5 Licata

Tasmia – 5 Licata

Lukas – 5 Naicker

Mohamad Bilal – 5 Naicker

Zara – 5 Naicker

Year 6

Minahil – 6 Rahman

Godwin – 6 Hera

Mohamed – 6 Hera

Nursery	98.04 %
R Begum	94.52%
1 Musiu	93.21%
2 Kasim	92.86%
3 Mitchell	97.14%
4 Rahman	94.64 %
5 Osei	97.00%
6 Demi	98.57%

